



## BENEFIT NEWSLETTER

### Welcome to 2008 Open Enrollment!

The Open Enrollment period is **November 19 through November 30, 2007**. This is your once-a-year opportunity to select the benefits that fit you and your family best. Your benefit elections will remain in effect throughout the plan year – **January 1 to December 31, 2008**. You cannot change your elections during the year, unless you experience a qualifying event in your work or family status.

**ABC Company** is pleased to provide you the continued opportunity to participate in the health care coverage option administered by UnitedHealthcare, pharmacy benefits administered by Express Scripts, dental coverage administered by MetLife and vision benefits administered by Ameritas. This enrollment booklet highlights your 2008 Benefit Plan Changes, consistent with our current labor agreement.

As we proceed into 2008, your health and the cost of your health care depends upon everyone becoming good Health Care Consumers. You can help by taking more direct responsibility for your health, making smart health care decisions, and most importantly – leading a healthy lifestyle. In short, Health Care Consumerism requires all of us to be more active managers of our health, health care, and health care risk.

*Please continue your efforts in 2008.*

**Questions?** Contact the Human Resources Department.

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### 2008 Open Enrollment Instructions

The open enrollment period for your 2008 plan year runs from **Monday, November 19 through Friday, November 30**. During this enrollment period you can do the following.

#### Make Elections

- Enroll or Terminate Medical Coverage
- Enroll, Change or Terminate Flexible Spending Account Elections
- Enroll, Change or Terminate Dependent Life Coverage's

#### Dependent Information

- Add or Drop eligible dependents

#### Changes

- To make changes during this period, please contact your Human Resources Department

